

SUMMER

ACTIVITIES 2018

Music, Dance and Theatre

ARTS & DRAMA

with Headstart

Headstart have offered courses in Arts and Drama, in Surrey since 1991. OFSTED registered and coaches DBS checked.

AGE: 5-12 years

WHERE: Stamford Green Primary School and St. Martins Primary School, Epsom

WHEN: Monday - Friday, 23 July - 24 August, 10am-4pm
extended hours available 8.30am-5.30pm

COST: From £20 per day

CONTACT: 07950 711866

mark@headstartsports.co.uk

www.headstartsportscamps.com



ART WORKSHOPS

with ART-K Ewell

Join us for an artistic workshop this summer. A wide range of projects available, full details available on request.

AGE: 5+ years

WHERE: 31 Stoneleigh Broadway, Epsom KT17 2JE

WHEN: Every Monday - Saturday, 23 July - 25 August

COST: From £18

CONTACT: 07949 366592

Stacey@art-k.co.uk

www.art-k.co.uk

GRADE 5 THEORY CRASH COURSE

with Fitznells Music & Drama Centre

Four intensive sessions explaining all you need for ABRSM Grade 5 Music Theory. Students will need to bring grade 4 and 5 workbooks and 2017 grade 5 past papers.

AGE: Any

WHERE: Ewell Castle School, Church Street, Ewell KT17 2AW

WHEN: Either Monday 23 - Thursday 26 July or Tuesday 28 - Friday 31 August, 10.30am-12.30pm each day

COST: £85

CONTACT: 07956 284172

fitznellsmusic@gmail.com

www.fitznells.co.uk

JAMMY WEEK

with The Jam Academy

A funny, sunny Jammy Week in August with dance, singing, drama, games, art and crafts, stage combat, fun, friendship, sunshine and laughing!

AGE: 5-16 years

WHERE: 3 Melton Flats, The Greenaway, Epsom KT18 7LH

WHEN: Monday 6 - Friday 10 August, 10am-3pm

COST: £30 per day/1 day free if you attend all week

CONTACT: 07870 192266

info@thejamacademy.com

www.thejamacadaemy.com



MUSICAL THEATRE SUMMER SCHOOLS FOR YOUNG PEOPLE

with Edustage

A creative week of rehearsals and performance for young people. Working with industry professionals, participants will be singing, dancing and acting towards performing an original musical on the Epsom Playhouse stage, with lights, sound and costumes on the final afternoon. No experience necessary!

AGE: 8-17 years

WHERE: Epsom Playhouse, Ashley Avenue, Epsom KT18 5AL

WHEN: Week 1 for 8-12 years, 30 July - 3 August, 10am-4pm, performance on 3rd August at 3pm
Week 2 for 13-17 years, 6 - 10 August, 10am-4pm, performance on 10 August at 3pm

COST: £150 (sibling rate £135)

CONTACT: 01372 742555

edustage@talktalk.net

www.epsomplayhouse.co.uk



Music, Dance and Theatre

MUSICAL THEATRE WORKSHOP

with **Fitznells Music & Drama Centre**

All three elements of musical theatre – singing, dancing and acting, are covered by specialist teachers. The workshop culminates in a performance to friends and family on Friday afternoon. Please bring lunch and wear clothes you can move in.

AGE: 6-16 years

WHERE: Ewell Castle School, Church Street, Ewell KT17 2AW

WHEN: Monday 20 - Friday 24 August, 10am-3.30pm each day

COST: £180

CONTACT: 07956 284172

fitznellsmusic@gmail.com

www.fitznells.co.uk



SHOW THEMED DRAMA & DANCE WORKSHOP

with **Dandelion Theatre Arts**

Learn the dances, the lines and songs of Aladdin, School of Rock or Trolls, and put on a show at the end of the week.

Come and get involved backstage if you prefer! Full week or 2-day option available.

AGE: 4+ years

WHERE: The Leatherhead Theatre, 7 Church Street, Leatherhead KT22 8DN

WHEN: Monday 30 July - Friday 3 August, Monday 6 - Friday 10 August, Monday 13 - Friday 17 August, 9am-4pm each day

COST: £170 per week or £65 for two days

CONTACT: 01306 886243

jennai@dandeliontheatrearts.co.uk

www.dandeliontheatrearts.co.uk



Holiday Clubs

HEROES & CHAMPIONS SUMMER HOLIDAY CLUB

at **Epsom Methodist Church**

Be a Hero or a Champion and join the fun exploring the hidden heroes and champions of bible stories with drama, fantastic craft, crazy science, challenges, an exciting day out and evening BBQ (for year 6+) and much, much more!

AGE: 5-15 years

WHERE: Epsom Methodist Church, Ashley Road, Epsom KT18 5AQ

WHEN: Tuesday 28 - Friday 31 August, 10am-12.30pm

COST: £5 per day. Free playgroup/creche for helpers' children under 5

CONTACT: 01372 728535

holidayclub@epsommethodistchurch.org.uk

www.epsommethodistchurch.org.uk

KIDSCLUB

with **The Kidsclub Company**

Ofsted registered out of school childcare.

AGE: 4-11 years

WHERE: Ashted Youth Centre, Barnett Wood Lane, Ashted KT21 2BZ

WHEN: Monday - Friday, 23 - July 4 September (excluding Bank Holiday Monday)

COST: £19-£25.50 per day

CONTACT: 01372 376711

louiseditrana@ntlworld.com



MISCHIEF MAKERS SUMMER READING CHALLENGE

with **Surrey Libraries**

Mischief Makers, The Summer Reading Challenge 2018 is inspired by the much-loved children's comic 'Beano' which is celebrating its 80th Anniversary. Taking part is easy and free. Just visit a library to sign up. Borrow books through the summer and earn special stickers to help find the mysterious buried treasure.

AGE: 4 -11 years

WHERE: All libraries

WHEN: 14 July - 15 September

COST: Free

www.surreycc.gov.uk/libraries

enjoy!

Holiday Clubs

RAINBOW HOLIDAY CLUB



at the Rainbow Leisure Centre

Offering team sports, games, crafts, quiet time and more. Book a day or whole week with early drop off and late pick up available. Lunch and snacks to be brought from home with a full drinks bottle labelled with child's name. Please ensure children wear comfortable clothes and trainers. A registration form will need to be completed at the first session. Open to children born on or before 31/08/2012. For further information please visit our website.

AGE: 5-12 years

WHERE: Rainbow Leisure Centre, East Street, Epsom KT17 1BN

WHEN: Monday 23 July - Friday 31 August except weekends and Bank Holiday Monday (27th August). Book a full day or whole week. Early drop off from 8am and late pick until 6pm available at an additional fee of £3.15. Swimming included but additional charge if child is under 8 and unable to swim 25m unaided.

COST: From £17.50

CONTACT: 01372 727277

rainbow@gll.org.uk

www.betterlessons.org.uk

Sports

BADMINTON SMASH UP

with the Rainbow Leisure Centre

SmashUp! is Badminton England's perception changing, innovative youth badminton initiative, aimed at inspiring 8-15 year olds of all sporting ability to swing a racket for fun. With a modern 'mashed up' mix of big hitting badminton challenges, mates, music playlists and bold court branding, sociable SmashUp! sessions get sports halls rocking right across England. No dress code. No formal coaching. No team selection or talent spotting.

AGE: 8-15 years

WHERE: Rainbow Leisure Centre, East Street, Epsom KT17 1BN

WHEN: Fridays 5-6.30pm

COST: £3.65

CONTACT: 01372 727277

rainbow@gll.org.uk

www.better.org.uk/leisure-centre/epsom-and-ewell/rainbow-leisure-centre

BOXING AND FOOTBALL

with Gauntlett Boxing Club & Gary's Football Camp

Gauntlett Boxing Club is joining forces with Gary's Football Camp to make a bigger and better camp this year for the first two weeks of school summer holidays. Bring a packed lunch and water. Bring appropriate kit and footwear for grass and indoor trainers for gym. Shinpads are compulsory. Our coaches who are fully insured and qualified all have DBS checks, first aid training and safeguard training.

AGE: 8-13 years

WHERE: Gauntlett Boxing Club, Harrier Centre, Poole Road, Epsom KT19 9RY

WHEN: Monday 23 July - Friday 3 August, 9am-3pm

COST: £20 per day

CONTACT: 01372 631263

info@gauntlettboxingclub.co.uk

www.gauntlettboxingclub.co.uk



FOOTBALL CAMP FOR GIRLS

with Epsom & Ewell Colts FC & SSE Wildcats for Girls

Have fun, make friends, play football! Wildcats is aimed at girls aged 5-11 years to come and enjoy a fun football session regardless of ability. It is the best £2 per session you will ever spend! We will be lucky enough to be joined by some of our friendly 'Big Wildcats' girls footballers, who are looking forward to meeting you. The Wildcats sessions take place on grass pitches so football boots or trainers are the best footwear. Shin pads are required for the sessions.

AGE: 5-11 years

WHERE: Poole Road Recreation Ground (The Harrier Centre), West Ewell KT19 9RY

WHEN: Every Saturday throughout summer, 10.30-11.30am

COST: £2 per session

CONTACT: 07495 463407

wiltthesaint@hotmail.co.uk

www.epsomandewellcolts.co.uk

Sports

GYMNASTICS & TRAMPOLINE COURSES

with Cheam Gymnastics Club

There are two gymnastics courses for 1 hour a day over three days. Both are for those wishing to learn or improve their gymnastics skills. Our qualified coaches will teach you on the floor, beams, bars, vault and mini-trampoline in a fun, friendly and safe environment.

There are two trampoline courses for 1 hour a day over 3 days. Both are for those wishing to learn or improve their trampoline skills.

Both courses are for boys and girls of all abilities.

AGE: 4-15 years

WHERE: Cheam High School, Chatsworth Road SM3 8PW

WHEN: Gymnastics Courses:

Tuesday 7 - Thursday 9 August, 10-11am for 4-8 years/
11.15am-12.15pm for 8-15+ years

Trampoline Courses: Tuesday 7 - Thursday 9 August,
10-11am for 8-15+ years/11.15am-12.15pm for 5-8 years

COST: £22.50 per course.

Application forms can be downloaded from the website.

The return address is on the form. Forms should be sent with a cheque payable to Cheam Gymnastics Club.

Applications will be acknowledged either by email or post.

CONTACT: 020 8394 2101

cheamgymnastics@btinternet.com

www.cheamgymnastics.co.uk

JUNIOR GYM

at the Rainbow Leisure Centre

Unlimited access to Junior Gym sessions, swimming pool, one racquets booking per day (off peak), free induction and gym programme and re-focus session. A great way to keep older kids busy and stay active during the holidays without the commitment of a minimum contract.

AGE: 11-15 years

WHERE: Rainbow Leisure Centre,

East Street, Epsom KT17 1BN

WHEN: Monday - Sunday 10am-3pm,
23 July - 31 August

COST: £16 per month

CONTACT: 01372 727277

rainbow@gll.org.uk

www.better.org.uk/memberships/all-inclusive-membership/better-hf-junior



RUGBY SUMMER CAMP

with Sutton & Epsom RFC

A fun filled two weeks of rugby, water fights, mini Olympics, tag tournaments and so much more!

AGE: 4-15 years

WHERE: Sutton & Epsom RFC, Cuddington Court, Rugby Lane, Cheam SM2 7NF

WHEN: Monday 13 - Friday 17 August and
Monday 20 - Friday 24 August, 9.30am-3.30pm.

Breakfast and late club available 7.30am-6.30pm

COST: Full week £140 members (siblings £130)

non-members £150. Day rates available too.

Book both weeks and get a discount

CONTACT: 07769 345407

suttonandepsom_camps@gmail.com

Need more information?

Visit www.epsom-ewell.gov.uk

email: contactus@epsom-ewell.gov.uk

Sports

SPORTS COURSES

with **Headstart**

Headstart have offered courses in Sports in Surrey since 1991. OFSTED registered and coaches DBS checked.

AGE: 5-12 years

WHERE: Stamford Green Primary School and St Martins Primary School, Epsom

WHEN: Monday - Friday, 23 July - 24 August, 10am-4pm
extended hours available 8.30am-5.30pm

COST: From £20 per day

CONTACT: 07950 711866

mark@headstartsports.co.uk

www.headstartsportscamps.com

SUMMER NETBALL CAMP

with **Netball Netball & The Downs Netball Club**

We are running our camps again this year in Wimbledon and Leatherhead. We are running a new pre-season course in Leatherhead which is especially designed for 14-18 year olds. We also have Mary Waya back whose great African approach to coaching brings fun and laughter to the course. Coaches include Mary Waya (Malawi international coach and current coach at Mavericks) and Natalie Swift (Head Coach at The Downs Netball Club).

AGE: 7-18 years

WHERE: Ursuline High School and St John's, Leatherhead

WHEN: 23 - 27 July at Ursuline High School and
28 - 30 August at St John's, Leatherhead

COST: £35 per day

CONTACT: 07966 644632

admin@netballnetball.co.uk

www.netballnetball.co.uk

SUMMER SWIM CRASH COURSES

at the **Rainbow Leisure Centre**



Swim crash courses for children who would like to enhance their swimming skills over the course of a week. Please bring suitable swimming attire and a swim hat. Open to all children whether

they are currently attending our swim courses or not.

AGE: 3+ years

WHERE: Rainbow Leisure Centre, East Street, Epsom
KT17 1BN

WHEN: Monday - Friday, 23 - 27 July, 6 - 10 August &
20 - 24 August. Pre-school 1 & 2: 9-9.30am/
Stage 3 - Main Pool: 8.30-9am/Stage 4 & 5: 9-9.30am

COST: £29

CONTACT: 01372 727277

rainbow@gll.org.uk

www.betterlessons.org.uk

TENNIS CAMPS

with **Absolute Tennis**

Tennis camps for ages 5-14 year olds at both Epsom LTC and Ebbisham Sports Club. Lots of opportunity to learn the shots and understand how to play the game, plus lots of fun activities to enjoy. Our camps are run by fully qualified coaches who

are accredited with the Lawn Tennis Association.

AGE: 5-14 years

WHERE: Epsom Sports Club KT18 7QN and Ebbisham Sports Club KT19 8SG

WHEN: Tuesday 24 - Friday 27 July,
Tuesday 31 July - Friday 3 August and
Tuesday 14 - Friday 17 August at Epsom LTC.

Tuesday 7 - Friday 10 August and
Tuesday 21 - Friday 24 August at Ebbisham Sports Club

COST: £28 a day or £92 for 4 days

CONTACT: 07734 602063

mike@absolutetennis.org.uk

www.absolutetennis.org.uk

TENNIS FOR KIDS COURSE

with **Downswood LTC**

6 x 1 hour sessions for children new to tennis.

AGE: 8-11 years

WHERE: Downswood LTC,
Downs Road (Tattenham Corner), Epsom Downs
KT18 5UJ

WHEN: Monday 6 -
Saturday 11 August, 5-6pm

COST: £25 includes a

racquet, ball set and personalised t-shirt

CONTACT: janet@downswoodtennis.co.uk

www.clubspark.lta.org.uk/TennisForKids



TRY SPORT SUMMER SPORTS CAMP

with **Ebbisham Sports Club**

Juniors aged 7-14 years learn and play seven different racket sports with professional coaches - badminton, squash, racketball, tennis, touchtennis, tabletennis and pickleball (from America). Plus social games and surprises!

AGE: 8-13 years

WHERE: Ebbisham Sports Club, Eastway, Epsom KT19 8SG

WHEN: Mondays 23 & 30 July & 6, 13 & 20 August,
9am-3.30pm each day

COST: £28 per day non members or £25 per day for 2
or more days

CONTACT: 01372 720647

admin@ebbisham.com

www.ebbisham.com

Sports

Twenty20 Cricket Camps

with **Twenty20 Community Cricket Ltd**
Not for profit community cricket coaching and matches for boys and girls, of all abilities delivered by full-time cricket coaches.

AGE: 5-15 years

WHERE: Epsom Cricket Club, Woodcote Road, Epsom KT18 7QS

WHEN: 23 - 27 July and 20 - 24 August, 9.30am-4.30pm, extended day available 8.30am-5.30pm

COST: From £35 with sibling/full week discounts and extended day options

CONTACT: 03455 202029

bookings@twenty20cricketcompany.com

www.twenty20cricketcompany.com/book

VOLLEYBALL

with **Epsom Volley Ball Club**



Playing volleyball outside in the sun from June until August. Playing at Epsom College in July and Alexandra Park (Epsom) in August. As we are playing outside, courts are on grass and are subject to weather conditions. Website will have details on weather. Location changes in August, moving to Alexandra Park.

AGE: 15+ years

WHERE: Epsom College, College Road, Epsom KT17 4JQ (July) and Alexandra Park, Alexandra Road, Epsom KT17 4BT (August)

WHEN: Wednesdays 7-9pm

COST: First session is free

CONTACT: epsomvc@gmail.co.uk

www.epsomvolleyball.co.uk

Quizzes

RNLI COLLECTION

Twice yearly collections, Epsom (May) and at Sainsbury's Kiln Lane (September) and two quiz events a year (Autumn and Spring). If you're interested in taking part and helping out this great organisation please get in touch.

CONTACT: secretary@epsomrnli.org.uk or visit

www.rnli.org/find-my-nearest/community-fundraising-groups/epsom-and-ewell-fundraising-branch



Sutton & Epsom RFC
An amateur community rugby club



GAUNTLETT epsom



SHORINJI KEMPO
少林寺拳法

