

WELLBEING DAYCARE

FREE
assessment
appointment



Specialist adult daycare...

- ✓ Full or half day respite care
- ✓ Dementia friendly
- ✓ Person centred care
- ✓ Improved wellbeing
- ✓ Extra help and support
- ✓ Cognitive therapy sessions

www.epsom-ewell.gov.uk/daycare



Caring for a loved one can sometimes feel like a full time job...

Wellbeing Daycare is a specialist respite care service for adults with memory loss, confusion or early onset dementia – you could be looking after someone who is frail, has recently suffered a stroke or has Parkinson's

for you...

This means being able to catch up with your own activities and take time to relax so you can continue to give your best care.



for them...

Your loved one can enjoy a range of activities and therapy sessions to help grow confidence, make new friends and build muscle strength.

“ **It's invaluable for my own wellbeing. This service gives me a few hours respite a week and I feel safe knowing that my mother is being cared for in a welcoming and friendly environment.** ”

**Call
01372 727583
to book
a FREE
assessment**

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