

# Meals at home+

- + No delivery charge
- + Shopping service delivered with your meal
- + Tea time sandwich service
- + Daily visits Monday-Friday
- + Frozen meals available for the weekend
- + All dietary needs catered for
- + Experienced DBS checked team
- + Provided by Epsom & Ewell Borough Council

## COMMUNITY AND WELLBEING SUPPORT FOR YOU

Our Meals at home service delivers a choice of tasty and nutritious meals directly to your door five days a week. We cater for different dietary needs including vegetarians, diabetics, pureed, low fat, low salt, gluten free and cultural requirements such as Halal and Kosher.



Meals are delivered hot to your door between 11am and 2pm Monday to Friday or on the week days that you prefer. We also offer a tea service consisting of freshly made sandwiches with either fruit, biscuits or cake. There are no deliveries during the weekend or on bank holidays, instead we deliver frozen meals so that you can cook them at home.

#### **Shopping Service**

We run this service weekly in partnership with a local supermarket, providing a home delivery service for your essential food shopping. Our staff will contact you by telephone to receive your shopping list. Our drivers will deliver the shopping to you at home with the receipt for you to check. To use this service you must be a member of meals at home with a meal delivery on the day that you receive your shopping.



There is a delivery charge but there is no minimum order amount on your shopping and payment is made by direct debit.

# FOR MORE INFORMATION CONTACT US ON: 01372 732000

or alternatively email: contactus@epsom-ewell.gov.uk

## COMMUNITY AND WELLBEING SUPPORT FOR YOU