

Please note, we apply the DVLA group 2 standard, the same as bus, coach or lorry drivers to Hackney carriage and private hire drivers.

Please refer to the 'Check if a health condition affects your driving' guidance on the gov.uk website for the required standards for driving before you have this medical examination report completed.

This medical examination form must be completed by a doctor at your own GP with access to your full medical record. The vision assessment must be completed by an optician, an optometrist or a doctor at your GP.

Medical professionals should refer to 'Assessing fitness to drive: a guide for medical professionals'. <a href="https://www.gov.uk/government/publications/assessing-fitness-to-drive-a-guide-for-medical-professionals">www.gov.uk/government/publications/assessing-fitness-to-drive-a-guide-for-medical-professionals</a>

Please contact Epsom & Ewell Borough Council if you have any questions:

Phone: 01372 732000

Email: licensing@epsom-ewell.gov.uk

All boxes must be answered.

Pages 1 and 10 must be completed by the applicant, as well as page 11 to 16 if relevant Page 3 must be completed by an optician, an optometrist or a doctor at your GP Pages 4 to 9 must be completed by a doctor at your GP

13.	
Your details	
Full name	
Address	
Date of birth	
Daytime telephone number	
Email	
Your doctors details	
Name of doctor	
Address	
	Postcode
Telephone number	
Email	

You must sign and date the declaration on page 10 when the doctor and/or optician has completed the report.



# Requirements for Drivers with Diabetes treated with Insulin

## All the following criteria must be met to licence the person with insulin treated diabetes for one year (with annual review as indicated below):

- full awareness of hypoglycaemia
- no episode of severe hypoglycaemia in the preceding 12 months
- practices blood glucose monitoring with the regularity defined below
- must use a glucose meter with sufficient memory to store three months of readings as detailed below
- demonstrates an understanding of the risks of hypoglycaemia
- no qualifying complications of diabetes that would mean licence being refused or revoked, such as visual field defect

### **Monitoring Glucose Readings**

- regular blood glucose testing at least twice daily including on days when not driving
- no more than two hours before the start of the first journey
- every two hours after driving has started
- a maximum of two hours should pass between the pre-driving glucose test and the first glucose check performed after driving has started
- use one or more glucose meter(s) with memory function to ensure three months of readings that will be available for assessment
- requires the applicant's usual doctor who provides diabetes care to undertake an annual examination including review of the previous three months' glucose meter readings
- arrange for examination to be taken every 12 months by an independent Consultant Specialist in diabetes if the examination by their usual doctor is satisfactory
- at the examination, the Consultant requires sight of blood glucose self-monitoring records from the previous three months stored on the memory of the glucose meter
- the licensing application process cannot start until an applicant's condition has been stable for at least one month
- appliants will be asked to sign an undertaking to comply with the directions of the healthcare
  professional treating their diabetes and to report any signicant change in their concerns to the
  licensing authorities

### Medical examination report

## **Vision assessment**



To be filled in by an optician, optometrist or doctor

	he applicant's visual acuities. Snellen Snellen expressed as a decimal LogMAR	symptoms of any of the following that impairs their ability to drive?  Please indicate below and give full details
is ir	The visual acuity standard for Group 2 driving s at least 6/7.5 in one eye and at least 6/60 n the other.  a) Please provide uncorrected visual acuities for each eye.	in Q7 below.  (a) Intolerance to glare (causing incapacity rather than discomfort) and/or  (b) Impaired contrast sensitivity and/or  (c) Impaired twilight vision
(I	R L Yes No b) Are corrective lenses worn for driving? If No, go to Q3.	6. Does the applicant have any other ophthalmic condition?  If Yes, please give full details in Q7 below.
(d	If Yes, please provide the visual acuities using the correction worn for driving.  R	7. Details or additional information  Name of examining doctor or optician undertaking
	if formal visual field testing is considered necessary, the Council will commission this at a later date.	I confirm that this report was completed by me at examination and the applicant's history has been taken into consideration.
(; F F 9	s there diplopia?  a) Is it controlled?  Please indicate below and give full details in Q7.  Patch or Glasses Other glasses with with/without (if other please provide details)	Please provide your GOC or GMC number  Doctor, optometrist or optician's stamp
Appli	icant's full name Please do not	Date of birth DDMMYY  detach this page

## Medical examination report





Must be filled in by a doctor at your GP

1	Neurological disorders		2	Diabetes mellitus		
Is the	rise tick ✓ the appropriate boxes ere a history or evidence of any neurological rder (see conditions in questions 1 to 11 below)?  b, go to section 2, Diabetes mellitus es, please answer all questions below and enclose relevoital notes.	No	If N	es the applicant have diabetes mellitus? o, go to section 3, Cardiac es, please answer all questions below. Is the diabetes managed by:	Yes	No
1.	Yes  Has the applicant had any form of seizure?  (a) Has the applicant had more than one attack?  (b) If Yes, please give date of first and last attack.  First attack  Last attack  Last attack  (c) Is the applicant currently on anti-epileptic medication?  If Yes, please fill in the medication section 8.  (d) If no longer treated, when did treatment end?  (e) Has the applicant had a brain scan?  If Yes, please give details in section 9.  (f) Has the applicant had an EEG?	No	2.	<ul> <li>(a) Insulin? If No, go to 1c</li> <li>If Yes, please give date started on insulin.</li> <li>(b) Are there at least 3 continuous months of blood glucose readings stored on a memory meter(s)? If No, please give details in section 9.</li> <li>(c) Other injectable treatments?</li> <li>(d) A Sulphonylurea or a Glinide?</li> <li>(e) Oral hypoglycaemic agents and diet? If Yes to any of (a) to (e), please fill in the medication section 8.</li> <li>(f) Diet only?</li> <li>(a) Does the applicant test blood glucose at least twice every day?</li> </ul>	Yes	No
2.	If you have answered Yes to any of above, you must supply medical reports.  Has the applicant had an episode(s) of non-epileptic attack disorder?  (a) If Yes, please give date of most recent episode.  (b) If Yes, have any of these episode(s) occurred or are they considered likely to occur whilst driving?	No		at least twice every day?  (b) Does the applicant test at times relevant to driving (no more than 2 hours before the start of the first journey and every 2 hours while driving)?  (c) Does the applicant keep fast-acting carbohydrate within easy reach when driving?  (d) Does the applicant have a clear understanding of diabetes and the necessary precautions for safe driving?		
3.	Stroke or TIA?  If Yes, give date.	No	3.	Is there full awareness of hypoglycaemia?	Yes	No
4.	<ul> <li>(a) Has there been a full recovery?</li> <li>(b) Has a carotid ultra sound been undertaken?</li> <li>(c) If Yes, was the carotid artery stenosis &gt;50% in either carotid artery?</li> <li>(d) Is there a history of multiple strokes/TIAs?</li> <li>Sudden and disabling dizziness or vertigo within the last year with a liability to recur?</li> </ul>		4.	Is there a history of hypoglycaemia in the last 12 months requiring the assistance of another person?  If Yes, please give details and dates below.	Yes	No
5.	Subarachnoid haemorrhage?		5.	Is there evidence of:	Yes	No
6.	Serious traumatic brain injury within the last 10 years?		3.	(a) Loss of visual field? (b) Severe peripheral neuropathy, sufficient		
7.	Any form of brain tumour?			to impair limb function for safe driving?		
8.	Other brain surgery or abnormality?			If Yes, please give details in section 9.		
9.	Chronic neurological disorders?		6.	Has there been laser treatment or intra-vitreal treatment for retinopathy?	Yes	No
10.	Parkinson's disease?			If Yes, please give most recent date		
11.	Blackout or impaired consciousness within the last 10 years?			of treatment.		
Λn	nlicant's full name			Date of hirth	1 V	V

3	Cardiac Caranary artery disease		-	<ul> <li>Peripheral arterial disease (excluding Buerger's disease) aortic aneurysm/dissection</li> </ul>		
If I	Coronary artery disease there a history or evidence of ronary artery disease? No, go to section 3b, Cardiac arrhythmia Yes, please answer all questions below d enclose relevant hospital notes.	Yes	ar ac <b>If</b> If	there a history or evidence of peripheral terial disease (excluding Buerger's disease), ortic aneurysm or dissection?  No, go to section 3d, Valvular/congenital hear Yes, please answer all questions below and nclose relevant hospital notes.	Yes L t dise	No ease
1.	Has the applicant suffered from angina?  If Yes, please give the date of the last known attack.	Yes	No 1.	Peripheral arterial disease? (excluding Buerger's disease)	Yes	No
2.	Acute coronary syndrome including myocardial infarction?  If Yes, please give date.	Yes	No <b>2.</b>	Does the applicant have claudication?  If Yes, would the applicant be able to undertake 9	Yes	No
3.	Coronary angioplasty (PCI)?  If Yes, please give date of most recent intervention.	Yes	No 3.	minutes of the standard Bruce Protocol ETT?  Aortic aneurysm?  If Yes:	Yes	No
	Coronary artery bypass graft surgery?  If Yes, please give date.  If Yes to any of the above, are there any	Yes	No	<ul> <li>(a) Site of aneurysm: Thoracic Abdominal</li> <li>(b) Has it been repaired successfully?</li> <li>(c) Please provide latest transverse aortic diameter measurement and date obtained using measurement and date boxes.</li> </ul>		
	physical health problems or disabilities (e.g. mobility, arthritis or COPD) that would make the applicant unable to undertake 9 minutes of the standard Bruce Protocol ETT? Please give details	he		Dissection of the aorta repaired successfully?  If Yes, please provide copies of all reports including those dealing with any surgical treatm	Yes	No
b	Cardiac arrhythmia		5.	Is there a history of Marfan's disease?  If Yes, please provide relevant hospital notes.	Yes	No
If I	there a history or evidence of rdiac arrhythmia? <b>No, go to section 3c, Peripheral arterial diseas</b> res, please answer all questions below and enclo evant hospital notes.		Va		Yes	No
1.	Has there been a significant disturbance of cardiac rhythm? (e.g. sinoatrial disease, significant atrio-ventricular conduction defect, atrial flutter or fibrillation, narrow or broad complex tachycardia) in the last 5 years?	Yes	No No	Yes, answer all questions below and provide elevant hospital notes.  Is there a history of congenital heart disease?	Yes	No
2.	Has the arrhythmia been controlled satisfactorily for at least 3 months?	Yes	No	Is there a history of heart valve disease?	Yes	No
3.	Has an ICD (Implanted Cardiac Defibrillator) or biventricular pacemaker with defibrillator/cardiac resynchronisation therapy defibrillator (CRT-D type) been implanted?	Yes	No	Is there a history of aortic stenosis? If Yes, please provide relevant reports (including echocardiogram).	Yes	No
4.	Has a pacemaker or a biventricular pacemaker/cardiac resynchronisation therapy pacemaker (CRT-P type) been implanted?  If Yes:	Yes	No 4.	Is there any history of embolism? (not pulmonary embolism)	Yes	No
	<ul><li>(a) Please give date of implantation.</li><li>(b) Is the applicant free of the symptoms that</li></ul>		5.	Does the applicant currently have significant symptoms?  Has there been any progression since the	Yes	No
	caused the device to be fitted?  (c) Does the applicant attend a pacemaker clinic regularly?			last licence application (if relevant)?	les	INO

e Cardiac other		boxes provided, give details in section 9, and provide relevant reports.
Is there a history or evidence of heart failure?  If No go to section 3f, Cardiac channelopathies  If Yes, please answer all questions and enclose relevant hospital notes.  1. Please provide the NYHA class,	Yes No	2. Has an exercise ECG been undertaken (or planned)?  3. Has an echocardiogram been undertaken Yes No
<ul><li>if known.</li><li>2. Established cardiomyopathy? If Yes, please give details in section 9.</li></ul>	Yes No	(or planned)?  (a) If undertaken, is or was the left ejection fraction
<ul><li>3. Has a left ventricular assist device (LVAD) or other cardiac assist device been implanted?</li></ul>	Yes No	greater than or equal to 40%?  4. Has a coronary angiogram been undertaken Yes No (or planned)?
4. A heart or heart/lung transplant?	Yes No	5. Has a 24 hour ECG tape been undertaken Yes No
5. Untreated atrial myxoma?	Yes No	(or planned)?
f Cardiac channelopathies		6. Has a myocardial perfusion scan or stress echo study been undertaken (or planned)?
Is there a history or evidence of the following conditions?  If No, go to section 3g, Blood pressure	Yes No	7. Date last seen by a consultant specialist for any cardiac
1. Brugada syndrome?	Yes No	condition declared:
2. Long QT syndrome?  If Yes to either, please give details in section 9,	Yes No	4 Psychiatric illness
and enclose relevant hospital notes.  g Blood pressure		Is there a history or evidence of psychiatric Yes No illness within the last 3 years?  If No, go to section 5, Substance misuse If Yes, please answer all questions below.
All questions must be answered.  If resting blood pressure is 180 mm/Hg systolic or and/or 100mm/Hg diastolic or more, please take a 2 readings at least 5 minutes apart and record the of the 3 readings in the box provided.  1. Please record today's best	further	<ol> <li>Significant psychiatric disorder within the past 6 months? If Yes, please confirm condition.</li> <li>Psychosis or hypomania/mania within the past 12 months, including psychotic depression?</li> </ol>
resting blood pressure reading.  2. Is the applicant on anti-hypertensive treatment?  If Yes, please provide three previous readings with dates if available.	Yes No	Yes No  3. Dementia or cognitive impairment?  5 Substance misuse
/ DDMM / DDMM	Y Y Y Y Y Y	Is there a history of drug/alcohol misuse Yes No or dependence?  If No, go to section 6, Sleep disorders  If Yes, please answer all questions below.
3. Is there a history of malignant hypertension? If Yes, please give details in section 9,	Yes No	1. Is there a history of alcohol dependence Yes No in the past 6 years?
h Cardiac investigations  Have any cardiac investigations been	Yes No	(a) Is it controlled? (b) Has the applicant undergone an alcohol detoxification programme?  If Yes, give date started:
undertaken or planned?  If No, go to section 4, Psychiatric illness  If Yes, please answer questions 1 to 7.		2. Persistent alcohol misuse in the past 3 years?  (a) Is it controlled?  Yes No
<ul> <li>1. Has a resting ECG been undertaken? If Yes, does it show: <ul> <li>(a) pathological Q waves?</li> <li>(b) left bundle branch block?</li> <li>(c) right bundle branch block?</li> </ul> If Yes to (a), (b) or (c), please provide a copy of the relevant ECG report or comment in section 9</li> </ul>	Yes No	3. Persistent misuse of drugs or other substances Yes No in the past 6 years?  (a) If Yes, the type of substance misused?  (b) Is it controlled?  (c) Has the applicant undertaken an opiate treatment programme?  If Yes, give date started
Applicant's full name		Date of hirth

6	Sleep disorders	5. Does the applicant have a history of liver disease of any origin?
1.	Is there a history or evidence of Obstructive Yes No Sleep Apnoea Syndrome or any other medical condition causing excessive sleepiness?  If No, go to section 7, Other medical conditions.	If Yes, is this the result of alcohol misuse?  If Yes, please give details in section 9.
	If Yes, please give diagnosis and answer all questions below.	6. Is there a history of renal failure?  If Yes, please give details in section 9.
	a) If Obstructive Sleep Apnoea Syndrome, please indicate the severity:	7. Does the applicant have severe symptomatic Yes No respiratory disease causing chronic hypoxia?
	Mild (AHI <15)  Moderate (AHI 15 - 29)  Severe (AHI >29)  Not known  If another measurement other than AHI is used, it	8. Does any medication currently taken cause the applicant side effects that could affect safe driving?  If Yes, please fill in section 8, Medication and give symptoms in section 9.
	must be one that is recognised in clinical practice as equivalent to AHI. The Council does not prescribe different measurements as this is a clinical issue. Please give details on page 9.	9. Does the applicant have any other medical condition that could affect safe driving?  If Yes, please provide details in section 9.
	b) Please answer questions (i) to (vi) for <b>all</b> sleep conditions.	8 Medication
	(i) Date of diagnosis:  (ii) Is it controlled successfully?  (iii) If Yes, please state treatment.	Please provide details of all current medication including eye drops (continue on a separate sheet if necessary).
	(iii) ii res, pieuse state treatment.	Medication Dosage
	Yes No	Reason for taking:
	<ul><li>(iv) Is applicant compliant with treatment?</li><li>(v) Please state period of control:</li></ul>	Date started:
	years months	Medication Dosage
	(vi) Date of last review.	Deggen for toking:
2.	Is there a history or evidence of narcolepsy?  Yes No	Reason for taking:  Date started:
7	Other medical conditions	Medication Dosage
1.	Is there currently any functional impairment Yes No that is likely to affect control of the vehicle?	Reason for taking:
2.	Is there a history of bronchogenic carcinoma or other malignant tumour with a significant liability to metastasise cerebrally?	Date started:  Medication  Dosage
3.	Is there any illness that may cause significant Yes No fatigue or cachexia that affects safe driving?	Reason for taking:  Date started:
4.	Is the applicant profoundly deaf?	Date started.
	If Yes, is the applicant able to communicate in the event of an emergency by speech or by using a device, e.g. a textphone?	Medication Dosage  Reason for taking:
		Date started:
App	olicant's full name	Date of birth DDMMYY

9 Further details	10 Consultants' details
Please send us copies of relevant hospital notes. Do not send any notes not related to fitness to drive. Use the	Please provide details of type of specialists or consultants, including address.
pace below to provide any additional information.	Consultant in
	Reason for attendance
	Name
	Address
	Date of last appointment.
	Consultant in
	Reason for attendance
	Name
	Address
	Date of last appointment:
	If more consultants seen give details on a separate sheet.
	11 Examining doctor's signature
	and stamp
	To be completed by the doctor carrying out the examination.
	Please make sure all sections of the form have been completed. The form will be returned to you if you do not do this.
	I confirm that this report was completed by me at examination and I have taken the applicant's history into account. I also confirm that I am currently GMC registered and licensed to practice in the UK or I am a doctor who is medically registered within the EU, if the report was completed outside the UK.
	Signature of examining doctor
	Date of signature
icant's weight (kg)  Applicant's height (cm)	Doctor's stamp
hav of alcohol units pararyment each week	
mber of alcohol units consumed each week	
Units per week	
es the applicant smoke?	
you have access to the	
blicant's full medical record? Yes No	
licentle full name	Data of Link Di Di MANI VI V
plicant's full name	Date of birth DDMMYY



## THIS PAGE MUST BE COMPLETED BY A DOCTOR AT YOUR GP

## **Group 2 Standard declaration**

I CERTIFY that I have this day examined the applicant, who has signed this form in my presence.

Does the applicant in your opinion meet the standard of medical fitness required for a Group 2 driver, as set out in the current edition of "DVLA's Assessing fitness to drive - a guide for medical professional"?

set out in the current edition of "DVLA's Assessing fitness to drive - a guide for medical professional"?							
	☐ Yes	□ No					
Doctor Name							
Signature		Date					
Doctors Surgery Stamp:							
Signature							



## THIS PAGE MUST BE COMPLETED BY THE APPLICANT Applicant's consent and declaration

You **must** fill in this section and **must not** alter it in any way.

Please read the following important information carefully then sign to confirm the statements below.

#### Important information about consent

As part of the investigation into your fitness to drive, we (Epsom & Ewell Borough Council) may require your medical records to be referred to a suitably qualified medical advisor. If we do, the people involved will need your background medical details to carry out an appropriate assessment. We will only release information relevant to the assessment of your fitness to drive.

In addition, where you are medically assessed as not meeting Group 2 but where it is appropriate for your application to be referred to a licensing sub-committee for determination, your medical information will need to be available to the members. The licensing committee membership conforms strictly to the principle of condentiality.

#### Consent and declaration

I authorise my doctor(s) and specialist(s) to release reports/medical information about any medical conditions relevant to my fitness to drive, to Epsom & Ewell Borough Council's medical adviser.

I authorise Epsom & Ewell Borough Council to disclose such relevant medical information as may be necessary to the investigation of my fitness to drive, to doctors, opticians/optometrists, members of the Council's licensing committee and/or licensing sub-committee.

I declare that I have checked the details I have given on the form and that, to the best of my knowledge and belief, they are correct.

I understand that it is a criminal offence if I make false declaration to obtain a licence which can lead to prosecution.

Na	ame	
Si	gnature	
Da	ate	
C	hecklist	
•	Have you signed and dated the consent and declaration (please note that drivers with diabetes are required to complete the additional declaration form at page 11 to 16)?	□ Yes
•	Have you checked that the report has been fully filled in by the optician and doctor and all relevant notes have been enclosed?	□ Yes
Ιaι	uthorise Epsom & Ewell Borough Council to:	
•	Inform my doctor about the outcome of my case	□ Yes
•	Release reports to my doctor	□ Yes

#### **Confidential medical information**



## Declaration for drivers with Diabetes for Group 2 licensing

PART A: ABOUT YOU		
Please answer the questions on this	form in <b>BLOCK CAPIT</b>	FAL letters using BLACK INK
Title: Surname: (Mr, Mrs, Miss, Other?)		Date of Birth:
First Name(s):	Driver No:	
That Name(a).	(if known)	
Address:		Telephone Number(s):
		Home Mobile
		- Farail
Postcode		Email
PART B: ABOUT YOUR GP AND YOUR CO	DNSULTANT	
GP's Name and Address  Dr:	Title:	Consultants Name and Address
	Donarts	mont
	Departr	ment.
Doctor day	Doctor	de.
Postcode:	Postcoo	
TEL No: (Including dialling code)	TEL No:	(Including dialling code)
Date last seen by GP	Date last seen	by Consultant
(For this condition)	(For this condition	on)
If you have more than one consultant, please give the	neir name, department ar	nd address on a separate sheet.
GP email address (if known)		
Consultants email address (if known)		
NHS number (if known)		
PART C: Please give details of other clinic	es you are attending	g below
Name of clinic & Department Re	eason for attendance	e Date last seen
IAME: DOE	<u>.</u>	BADGE NUMBER:

#### **Confidential medical information**



### Declaration for drivers with Diabetes for Group 2 licensing

If you are unsure of any answers we advise you to discuss this form with your Doctor.

Do not send your blood glucose memory meter to the licensing authority.

. Р	leas	se confirm your diabetes is treated with insulin and give the date the treatment started:		
M	⁄ly di	labetes is treated with insulin: Yes No Date the treatment started: Month	Year	
		se tell us the type of diabetes you have:  Type 1  Type 2		Other
'	11 01	ther", please specify:		
;	a)	Do you use a memory meter to check your blood glucose (sugar) levels?  You must ensure you have a meter(s) with sufficient memory to store 3 continuous months blood glucose (sugar) readings. You must also ensure the date and time are set correctly on the meter.		No
I	b)	If Yes, do you have the last 3 continuous months of blood glucose (sugar) readings, taken while on insulin and stored on a memory meter(s)?		
		If No, please tell us why:		
ŧ	a)	Have you had a hypoglycaemic episode?	Yes	No
		It would be expected that most patients on insulin will have experienced hypoglycaemia at some not necessarily stop you holding a Group 2 (lorry / bus) licence. It is recommended that after treat of hypoglycaemia you should re-test blood glucose (sugar) and wait for 45 minutes after your blood returns to normal. It is also recommended that you keep a diary detailing the circumstances and hypoglycaemic episodes below 3 mmo1/1 to help discussion with the assessors	nting an episod od glucose (sug	e gar)
ļ	b)	not necessarily stop you holding a Group 2 (lorry / bus) licence. It is recommended that after treat of hypoglycaemia you should re-test blood glucose (sugar) and wait for 45 minutes after your blood returns to normal. It is also recommended that you keep a diary detailing the circumstances and	nting an episod od glucose (sug	e gar)
	b) a)	not necessarily stop you holding a Group 2 (lorry / bus) licence. It is recommended that after trea of hypoglycaemia you should re-test blood glucose (sugar) and wait for 45 minutes after your bloc returns to normal. It is also recommended that you keep a diary detailing the circumstances and hypoglycaemic episodes below 3 mmo1/1 to help discussion with the assessors	nting an episod od glucose (sug	e gar)
á	a)	not necessarily stop you holding a Group 2 (lorry / bus) licence. It is recommended that after treat of hypoglycaemia you should re-test blood glucose (sugar) and wait for 45 minutes after your blood returns to normal. It is also recommended that you keep a diary detailing the circumstances and hypoglycaemic episodes below 3 mmo1/1 to help discussion with the assessors  If Yes, were other people aware of the symptoms before you?	nting an episod od glucose (sug	e gar)
á	a)	not necessarily stop you holding a Group 2 (lorry / bus) licence. It is recommended that after treat of hypoglycaemia you should re-test blood glucose (sugar) and wait for 45 minutes after your blood returns to normal. It is also recommended that you keep a diary detailing the circumstances and hypoglycaemic episodes below 3 mmo1/1 to help discussion with the assessors  If Yes, were other people aware of the symptoms before you?  Do you check your blood glucose (sugar) at least twice daily?  Do you check your blood glucose (sugar) levels no more than 2 hours	nting an episod od glucose (sug	e gar)
i l	a) b)	not necessarily stop you holding a Group 2 (lorry / bus) licence. It is recommended that after treat of hypoglycaemia you should re-test blood glucose (sugar) and wait for 45 minutes after your bloot returns to normal. It is also recommended that you keep a diary detailing the circumstances and hypoglycaemic episodes below 3 mmo1/1 to help discussion with the assessors  If Yes, were other people aware of the symptoms before you?  Do you check your blood glucose (sugar) at least twice daily?  Do you check your blood glucose (sugar) levels no more than 2 hours before the start of the first journey and every 2 hours while driving?  If driving multiple short journeys such as a delivery driver, it would be appropriate to measure blood glucose no more than 2 hours before the start of the first journey and then every 2 hours	nting an episod od glucose (sug	e gar)
i I	a) b)	not necessarily stop you holding a Group 2 (lorry / bus) licence. It is recommended that after treat of hypoglycaemia you should re-test blood glucose (sugar) and wait for 45 minutes after your bloot returns to normal. It is also recommended that you keep a diary detailing the circumstances and hypoglycaemic episodes below 3 mmo1/1 to help discussion with the assessors  If Yes, were other people aware of the symptoms before you?  Do you check your blood glucose (sugar) at least twice daily?  Do you check your blood glucose (sugar) levels no more than 2 hours before the start of the first journey and every 2 hours while driving?  If driving multiple short journeys such as a delivery driver, it would be appropriate to measure blood glucose no more than 2 hours before the start of the first journey and then every 2 hours while driving. It is not necessary to test before each individual journey.	nting an episod od glucose (sug	e gar)
; ;	a) b) How	not necessarily stop you holding a Group 2 (lorry / bus) licence. It is recommended that after treat of hypoglycaemia you should re-test blood glucose (sugar) and wait for 45 minutes after your blood returns to normal. It is also recommended that you keep a diary detailing the circumstances and hypoglycaemic episodes below 3 mmo1/1 to help discussion with the assessors  If Yes, were other people aware of the symptoms before you?  Do you check your blood glucose (sugar) at least twice daily?  Do you check your blood glucose (sugar) levels no more than 2 hours before the start of the first journey and every 2 hours while driving?  If driving multiple short journeys such as a delivery driver, it would be appropriate to measure blood glucose no more than 2 hours before the start of the first journey and then every 2 hours while driving. It is not necessary to test before each individual journey.	nting an episod od glucose (sug	e gar)
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ı	Have	you had an e	episode of sever	e hypoglycaem	ia in the last	12 months?			res	NO
-		-	· mia is defined as				n.			
	DO N	OT count ep	isodes where y	ou were given	help but co	ould have hel	ped yourself.			
	If Yes	, please give	the dates of the	e last 3 episode	es:					
_	Day	Month	Year	Day	Month	Year	D	ay N	Month	Year
	to inc	licate how av	p hypoglycaemi ware you are of his question if r	the onset? (PI				heapprop	riate bo	x below
	lway aware		2	3	4	5	6	7	-	Never aware
								•	Yes	No
9.	-	•	acting carbohy		y reach whe	en driving?				
	For	example a gl	lucose drink, tab	viets or sweets.						
0.	a)	-	d to drive a vehi		-					
		automatic ti	ransmission for	Group 1 vehicle	es? <i>(Cars ai</i>	nd Motorcycles,	)			
	b)	•	d to drive a vehi			ols or				
			Medium sized v	•		linibus)				
1.	٥)	Can you re	ad a number pla	ate from 20 met	res in good l	iaht with alass	es or			
١.	a)		ses if worn?	ite nom 20 met	res in good i	igni with glass	es oi			
	b)	meet the m A visual ac	octor or optician inimum standar uity of 6/12 (dec	ds for driving? imal 0.5) or bet						
		glasses or	contact lenses if	necessary.						
	c)		ed to wear glass hen you drive ca			t the minimum	eyesight			
	d)		octor or optician	-		ight does not				_
	~/	currently m Visualacuity	neet the minimular of at least 6/7.5 nieved with the a	m standards for (0.8) in the be	vocational of the ter eye and	driving? 6/60 (0.1) in t				
	e)		d to wear glasse drive a bus or lo		nses to meet	the legal eyes	sight			
2.	2)	Do you boys	a total loss of sig	aht in one ove?						
۷.	a) Do you have total loss of sight in one eye?							<u> </u>		
	b)	If Yes, pleas	se supply the da	ate of loss.				<u> </u>	Month	Year
N/	AME:			DOE	3:		BAD	GE NUM	BER:	



Dovo	hava	any of the	a aanditian	o bolow off	a atina a	ithar ava?				Yes	; 	N	<u>o</u> _
				s below aff									
If Yes	s, pleas	e tick the a	appropriate	e box indica	ating wh	ich eye is aff	ected?		ı	Left Eye	1	Rid	ght Eye
a)	Do yo	u currentl	y have cat	aracts?						Lon Lyo		·;	JIII - J
b)	Have	vou had la	aser treatn	nent or inie	ctions fo	or diabetic ey	e disease?						
-,		<b>,</b>								Day			V
c)	Pleas	e give the	date you l	last had las	er treati	ment:				Day	Mont	n 	Year
												•	
Pleas	se give	_		nsulted you	r GP or	Consultant a	_						
	0.5	Day	Month	Year		0 11 1	Day	Mor	ith	Year	-		
	GP:					Consultant:							
e tell u	s the na	ame of the	doctor/co	nsultant res	sponsibl	le for the car	of your di	abetes:					
e:													
ess:													
ess: lo:	_	YOU M	IUST NC	OW READ	D, SIGI	N & DATE	THE DE	CLAR	ATIC	ON BEL	ow		
	_												
o:	elare I v	Declar				N & DATE applicants							
o:		Declar	ation to b	e signed b	by <b>ALL</b>		who have	insulin					
o:	comp	Declar vill: ly with the	ation to b	e signed b	oy <b>ALL</b>	applicants	who have	<b>insuli</b> r	trea	ited diab	etes		
o:	report cond proviblood daily and	Declar vill:  Ily with the timmedition de evider glucose and at tire	ation to be ne direction ately to E nce on re (sugar) res relev	e signed bons of the Epsom & Equest that monitoring vant to drive	doctors well Bo	applicants	who have  y diabetes  ncil any si  my concepter with 2 hours I	insulings gnificant dition and a men	t cha	ange in reparticular function, and of the	my ar unde , at lea e <b>first</b>	st tw <b>jour</b>	ice
o:	report cond proviblood daily and inspect	Declar vill:  If with the timmedition de evider all glucose and at time every 2 in the certion.	ation to be ne direction ately to E nce on re (sugar) res relevenours who	e signed book ons of the Epsom & Equest that monitoring yant to driving	doctors well Bo I regul I, using ving (no	applicants s treating m prough Cou larly monito a glucose p more than	who have y diabetes ncil any si my concepter with 2 hours I s). The	insulings gnificanged and a menopefore to meter(s	t cha	ange in reparticular function, and of the	my ar unde , at lea e <b>first</b>	st tw <b>jour</b>	ice
I dec	report cond provi blood daily and inspective keep or under	Declar vill:  If with the timmediation de evider and at time every 2 income.  If ast action the time every 2 income.	ation to be the direction ately to E the con re (sugar) re the relevenours when the need to	e signed bons of the Epsom & Equest that monitoring vant to driving hydrate with test my billed	doctors well Bo I regul I, using ving (no g Grou	applicants s treating morough Coularly monito a glucose o more than up 2 vehicle	who have y diabetes ncil any si my concenter with 2 hours I s). The en driving	insulings gnificant dition and a men before to meter(s) g. s releva	t cha d in nory he st ) mu	ange in r particula function, art of the	my ar unde , at lea e <b>first</b> ailable	st tw <b>jour</b> for	ice ney
I dec	report cond provi blood daily and inspective keep or under	Declar vill:  If with the timmediation de evider and at time every 2 income.  If ast action the time every 2 income.	ation to be the direction ately to E the con re (sugar) re the relevenours when the need to	e signed bons of the Epsom & Equest that monitoring vant to driving hydrate with test my billed	doctors well Bo I regul I, using ving (no g Grou	applicants s treating morough Coularly monito a glucose o more than up 2 vehicle sy reach whucose (suga	who have y diabetes ncil any si my concenter with 2 hours les). The en driving r) at times urs while	insulings gnificant dition and a men before to meter(s) g. s releva	t cha d in nory he st ) mu	ange in r particula function, art of the	my ar unde , at lea e <b>first</b> ailable	st tw <b>jour</b> for	ice ney

DOB:

NAME:

BADGE NUMBER:



#### EARLY SYMPTOMS OF HYPOGLYCAEMIA INCLUDE:

- Sweating, shakiness or trembling, feeling hungry, fast pulse or palpitations, anxiety, tingling lips.
- If you don't treat this it may result in more severe symptoms such as:
  - Slurred speech, difficulty concentrating, confusion, disorderly or irrational behaviour, which my be mistaken for drunkeness.
- If left untreated this may lead to unconsciousness.

## DRIVERS WITH INSULIN TREATED DIABETES ARE ADVISED TO TAKE THE FOLLOWING PRECAUTIONS.

- You must **always** carry your glucose meter and blood glucose strips with you. You must check your blood glucose before driving and every two hours whilst you are driving.
- In each case if your blood glucose is **5.0mmol/l or less, take a snack**. If it is less than **4.0mm0l/l or you feel hypoglycaemic do not drive.**
- If hypoglycaemia develops while driving stop the vehicle safely as soon as possible.
- You must switch off the engine, remove the keys from the ignition and move from the driver's seat.
- You must not start driving again until 45 minutes after blood glucose has returned to normal. It takes up to 45 minutes for the brain to recover fully.
- Always keep an emergency supply of fast-acting carbohydrate such as glucose tablets or sweets within easy reach in the vehicle.
- You should carry personal identification to show that you have diabetes in case of injury in a road traffic accident.
- Particular care should be taken during changes of insulin regimens, changes of lifestyle, exercise, travel and pregnancy.
- You must take regular meals, snacks and rest periods on long journeys.
   Always avoid alcohol.



#### **Applicants declaration**

You **must** fill in this section and must **not** alter it in any way. Please read the following information carefully and sign to confirm the statements below.

#### Important information about fitness to drive

- As part of the investigation into your fitness to drive, we (Epsom & Ewell Borough Council) may require you to have a medical examination and/or some form of practical assessment. If we do, the individuals involved in these will need your background medical details to carry out an appropriate assessment.
- These individuals may include doctors, orthoptists at eye clinics or paramedical staff at a driving assessment centre. We will only release information relevant to the medical assessment of your fitness.
- Also, where the circumstances of your case appear to suggest the need for this, the relevant medical
  information may need to be considered by one or more of the members of the Secretary of State's Honorary
  Medical Advisory Panels. The membership of these Panels conforms strictly to the principle of confidentiality.

All data held by Epsom and Ewell Borough Council is used for internal evaluation of the quality of our services.

This section must NOT be altered in any way.

Declaration I authorise my Doctor(s) and Specialist(s) my fitness to drive, to the Council's medical		lical informatio	on about my conditi	on relevant to
I understand that the Council's medical ad to the investigation of my fitness to drive to	dviser may disclose suc			
I declare that I have checked the details I knowledge and belief they are correct.	have given on the enc	losed question	nnaire and that, to	the best of my
I understand that it is a criminal offence if prosecution.  Name:	I make a false declarat	tion to obtain a	a driving licence ar	nd can lead to
Signature:		Date:		
I authorise the Council's medical advise	er to:			
Inform my Doctor(s) of the outcome of my	case		Yes	No
Release my medical information, and any my doctor(s) by postal or electronic (fax or		tion, to	Yes	No
NAME:	DOB:		BADGE NUMBER	<u> </u>



#### Note:

Please fill in and return all pages (1-6) of this medical questionnaire and consent/declaration.

If you do not give us all the information we need including the full name, address and telephone number of your GP/Consultant then there will be a delay with your case.

Please use the contact details below to return your filled in medical questionnaire to the Drivers Medical Group.

Epsom & Ewell Borough Council licensing@epsom-ewell.gov.uk 01372 732000