

Round The Borough Hike & Bike

Welcome to the 'Round the Borough Hike & Bike' we hope that you will enjoy this opportunity to explore Epsom & Ewell and discover some of its more hidden corners.

This sheet provides you with the information you need to complete this long distance 20 mile route around the borough. If you have any questions please call us on 01372 732000 during normal office hours 9 a.m. - 5 p.m. Monday to Friday or alternatively email us at contactus@epsom-ewell.gov.uk

-The route is 20 miles (32.2 Km) or, if you visit Ewell Court Park and House 20.5 miles (33 Km). The route is divided in to 4 maps with the route marked in red, with several cyclist only blue sections to avoid pavements. Points of interest and guidance is provided in a CLOCKWISE direction via numbered points on the map which refer to the information provided on the reverse of your map sheets. Please note the route is way marked but the map is essential. We ask that you avoid walking/cycling on Epsom Downs before 12 noon due to race horse training.

-All road crossings are denoted by a red triangle ▲ please take care when crossing roads. Remember that there will be other walkers, cyclists and horse riders using the same routes.

-Your maps also indicate where you can find refreshment and toilet facilities along the route. Miles are marked with blue diamonds.

-20 miles is a long way and we recommend that as well as appropriate clothing and footwear you also take plasters to treat blisters, bottled water and a mobile phone. Don't forget to let some one know where you will be. If walking expect to take somewhere between 7 to 9 hours and cycling 3 to 5 hours if you take some rest breaks. The route is suitable for mountain and hybrid bikes.

-You can start at any point along the route, however, there are locations with car parking and other facilities available, these are, the car park at Horton Country Park Local Nature Reserve (LNR), Stew Pond Car Park at Epsom Common LNR, Epsom Downs (several car parks on or near the route), Nonsuch Park (car parks near either the London Road or Cheam Road entrances), Bourne Hall (Charges may apply) and Ewell Court House (Charges may apply)

-We hope you enjoy the route and discovering the hidden corners and amazing open spaces of Epsom & Ewell, please let us know if you have any comments or suggestions about the route.